



APRIL 26-27
SOAR YOUTH EMPOWERMENT
BRADDOCK HILLS CENTER



5-7PM APRIL 26
PRAYER GATHERING

10 AM-1 PM APRIL 27
TEEN WORKSHOP
“YOUR TRUE STRENGTH”

Teens learn the value of being their true self and how choosing an authentic life leads to a life filled with success and purpose.
Name it. Claim it. Aim it

10 AM-1PM APRIL 27
COMMUNITY
CONVERSATION

Unmet mental health needs among teens is a significant problem. In this conversation community members explore concerns related to teen mental wellness.

OBJECTIVES

- You are not defined by what others think of you.
- No limitation, environment or situation defines your level of success.
- You must learn to live and be your true self.
- You must know yourself and your strengths.

LEADERSHIP VALUES

- Positive self-image
- Growth and development
- Adding value to others

PURPOSE

- Educate
- Advocate
- Change awareness

DESIRED OUTCOME

- Create a viable future
- Cultivate a healthy “village”
- Develop strength from within.

TABLE MENTORS

Serve as peer mentors for a table grouping of 4 teens in the workshop. They will: assist with check-in; work with teens at assigned table; complete activities with teens; answer questions/share experiences; listen actively and nonjudgmentally; be present, empowering and aware of each teen as an individual.

